



Mercy Health  
*Care first*

# Mercy Health Training Institute

## Apply First Aid

### **COURSE DESCRIPTION**

Mercy Health Training Institute's First Aid courses provide individuals with the confidence, theoretical knowledge and practical skills needed to assist a sick or injured person. The courses are run by highly skilled practitioners.

### **COURSE DETAILS**

Dates 16th & 23rd October

Time 9am-4pm

Cost \$170

Number of Sessions 2

### **IDEAL AUDIENCE**

People wishing to gain the skills, confidence and theoretical knowledge to manage an illness, injury or to save a life, whilst gaining a Statement of Attainment valid for 3 years.

### **COURSE OUTCOMES**

- Principles of first aid
- Assessment and decision making
- Cardiopulmonary resuscitation
- Altered conscious states
- Wound management
- Shock and bleeding
- Poisoning, bites and stings
- Musculoskeletal injuries
- Respiratory emergencies
- Exposure to heat or cold

For further information and enrolment details:

Mercy Health Training Institute Tel: (03) 8458 4997 Email: [mhti@mercy.com.au](mailto:mhti@mercy.com.au)